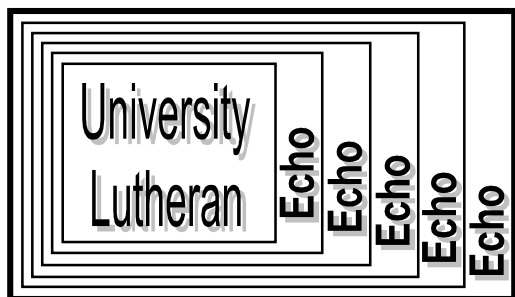


AUGUST 2017



# The Echo

UNIVERSITY LUTHERAN CHURCH

2122 University Avenue

Grand Forks, North Dakota 58203

I have enjoyed superhero comics, cartoons, and movies as long as I can remember. Batman, Superman, Spiderman, and yes, even Underdog, were staples of my childhood. Recently, Margo and I attended the new Wonder Woman movie and were very impressed. Her sense of justice, her desire to do the right thing, and her instinct to help those who need it, was inspiring. Is this not what we love about heroes? They use their physical strength, their intelligence, and all their resources, to courageously do what is right, good, and honorable, in the world.

Of course, there are other kinds of heroes. In my youth, I idolized Rod Carew, Tony Oliva, and Harmon Killebrew, all Minnesota Twins. Baseball was one of my youthful passions, and these were some of the best Twins and best players in the league. When I was in the second grade, Rod Carew broke his leg and was in the hospital. My grandma, a Registered Nurse, took care of him and got his autograph for me. I was so happy that I shook. Even now, if you come to my office, you will see that I have Harmon Killebrew's autograph on a baseball card and baseball.

In more recent years, Twins centerfielder, Kirby Puckett, was a hero for both my dad and me. The Twins would not have won two World Series without him. He was an amazing baseball player with a passionate spirit. If you loved baseball, it was hard not to love Kirby. So, it was very disappointing when he was arrested on charges of domestic violence. He hurt his wife. My dad said it best, "I guess a person can't have heroes anymore." Well, maybe we can have heroes, but we also must remember that most heroes are not superhuman, and they are as flawed as any other person in the world.

So, what if someone said, "My hero is Jesus"? If that person was a child, most people would think it was cute. However, if that person was an adult, and they said aloud, "Jesus is my hero", I bet the room would go silent, and while some people politely tried to change the conversation, others would find an excuse to leave. In the world today, bringing up the name of Jesus seems less and less acceptable in public, and if someone does, they are labeled religious, or dismissed as being silly. This played out in the media this summer with a pitcher for the Minnesota Twins.

Several of the Twins were asked what they would be sure to take with them on an upcoming 11 game road trip. Most of the answers were not surprising, but Twins' pitcher, Kyle Gibson, said he would make sure to have "Jesus" with him. Gibson is a Christian who speaks with ease about his faith, and how the Lord has helped him in his career. At the time Gibson was not pitching well at all, and some of the reaction to his comment was like, "Good, maybe Jesus can help him pitch a good game." In other words, people were making fun of Kyle for his devotion to Christ.

Well, count me in with Kyle, as one who views Jesus as my hero. I am not embarrassed to write this to you, or to say it in public. While I may not call him a superhero, because I call him Lord and Savior, he like superheroes, used his whole life, even his death, to do what was right and good, holy and honorable, for the sake of the world. And while Wonder Woman saved the world in a movie, a very good movie to be sure, Jesus saves the world and saves you and me, in real life and real ways, that bring us healing and hope, forgiveness and grace, and even eternal life.

By the way, our Vacation Bible School theme August 7-10 is, "Jesus Is My Superhero". We will be emphasizing Jesus as healer, lover, protector, and savior of people. In this way, we will be praising and worshiping Jesus as one who is truly superhuman, divine, and Son of God, and who uses the power of the Holy Spirit to help and save us in every possible way. I hope when all is said and done, that children and adults together, will view Jesus as the one true hero who will not disappoint us, and who will always be at our side, helping us to overcome even the most difficult challenges of life.



You are in my prayers,



## August Worship

August worship is often our quietest time of the year. Please know that if you are in town, and if you are looking for a meaningful worship time in the presence of the Lord Jesus Christ and a caring community of faith, we are here for you!

**Wednesday worship** is August 2, 9, 16, and 23. There is no Wednesday worship on August 30 or September 6. We will take a break before WWJ begins on September 13.

**Sunday worship** is all month long, of course – August 6, 13, 20 and 27.

### **Vacation Bible School Program – Wednesday, August 9**

Our VBS program will be our order of worship on Wednesday, August 9, at the 6:00pm service. Our theme for this year is, "Jesus Is My Superhero", and the service gives opportunity for you to see our youth in worship leadership positions as they share and sing what they are learning this year at VBS.

*Please note that there will be supper before worship during VBS. The meal is served from 5:00-6:00pm. We will be enjoying hot dogs, chips, and ice cream.*

### **Service of the Word for Healing**

The Service of the Word for Healing will be our order of worship on Sunday, August 27 at the 10:00am service. This service includes liturgy and prayers centered on healing and wholeness. There is also opportunity for people to come forward for the laying on of hands and anointing with oil. Bring all your hurts and struggles to God this day.



## City Serve Was Great!

On Saturday, July 22, 46 people from our community (19 from ULC, 15 from Faith Evangelical Free Church, 12 from Freedom Church) gathered at Viking Elementary School to serve. Inside the school, we cleaned desks, tables, chairs, cupboards, shelves, and walls, throughout the building. Outside the school, we resealed their playground parking lot.

Even though the Grand Forks Herald credited United Lutheran with being the third church, it was indeed us ☺ (University Lutheran). Along with being a great help to Viking Elementary School, people who served had a lot of fun. Thank you so much to everyone who helped! Next year, we hope to have an even larger event that will involve many more congregations.

## Summer Stewardship News

Thank you for all the contributions you have made this summer, regular offering, High 5 gifts, as well as Summer Stewardship offering. At the end of June, our general fund is short \$25,010. This shortfall increased quite a lot from the end of May, though we hope some of the Summer Stewardship gifts will reduce this. Either way, if you could possibly give an extra gift this month, beyond your regular giving, that of course, would be very much appreciated! We do have our reserve fund of \$30,000 covering the shortfall, but this needs to be paid back. Thank you for being such a generous people!



## Women's Summer Bible Study

### All New – Ready or Not



This month our topic of discussion is, "Uprose the tables". This is a discussion about what is our responsibility as citizens and Christians, when the systems that have been put in place to protect people become tools to oppress. We will read and discuss what the Apostle Paul says about this in Romans 13. Please join us on Friday, August 11, at 10:00am in the lounge.

## Calling All Men

### Lutherans in America

We will continue our conversation about the Reformation, turning attention to what happened to the Lutheran faith when it came to America. We will meet on Saturday, August 19, 8:30 am, in the fellowship hall for breakfast pizza, prayer, and our continued conversation about this year's 500<sup>th</sup> Anniversary of the Reformation. Please join us and bring a friend!



### Wedding (Yay!)

- Joe Benjamin and Bethany Lunde were married on Saturday, July 22.

### Funerals (There are many rooms)

- We celebrated the life of Gary Pariseau on Monday, July 24, at ULC.
- Greg Vandenberg's mom, Mary, passed away Wednesday, July 26.

### Moving Away (Sigh!)

- Charlie and Helen Murphy recently moved to the Twin Cities to be near family.
- Matt, Jaci, Logan and Christian Burdick moved to Florida for Matt's new job.
- Jeanie Sorensen is moving home to Miles City, Montana to be near her parents.

### Holy Baptism (Welcome to God's family)

- Rashida niyongere was baptized on Sunday, July 23. Her mom is Alivera, and her sponsors are Betty Bloomquist and Gwen Skjold.



## LAST CHANCE TO REGISTER!

### UNIVERSITY LUTHERAN CHURCH VBS 2017 - AUGUST 7TH - 10TH

Be a HERO to others  
by bringing  
a small cash offering  
each day to benefit children  
in need. You will learn how  
the first day of VBS!

Join us for music, games and Bible stories that will be age appropriate and entertaining for your children. VBS is a faith building experience for everyone involved.

**3 year olds-Kindergarten:** Monday-Thursday: 9:00 a.m.-11:30 a.m.

**1<sup>st</sup>-6<sup>th</sup> grade:** Monday-Thursday: 9:00 a.m.-3:00 p.m. (Pack a lunch!) (Refrigeration & milk provided)

Please note that the grade your child **just completed** is the grade used for VBS. Scholarships are available. All children receive a free t-shirt.

**Please call the church office at 775-4745 if you wish to register your child. It is VERY important that we get your information ASAP for t-shirt ordering.**

**Get updates and contact information by liking us at:**

[www.facebook.com/universitylutheranchurch](http://www.facebook.com/universitylutheranchurch)



## Youth and Education - Looking Ahead to Fall

"For by grace you have been saved through faith,  
and this is not your own doing; it is the gift of God." Ephesians 2:8

**SUNDAY CHURCH SCHOOL BEGINS** - September 10th, 8:45 a.m.

**WEDNESDAY WITH JESUS BEGINS** - September 13th, 6:00 p.m.

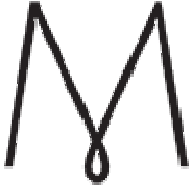
### CASTAWAY RETREAT DATES:

Middle School: September 22-24 Cost: \$124

High School: September 29-October 1 Cost: \$134

Watch your September newsletter and church bulletins for more details on Castaway.

**YOUTH GATHERING MEETING:** Sunday, September 17th at 6:30pm in the lounge. Please mark this date on your calendar. If you are not registered for the gathering yet and are still interested in going please talk to Heather as soon as possible. If you are registered please continue making your monthly gathering installments and plan to attend the next meeting.



## MOPS at ULC

### A New Opportunity in 2017-18

MOPS (Mothers of Preschoolers) is a place where moms come to encourage and inspire one another to grow in all areas of womanhood. MOPS will meet on the second Thursday of the month, from September to May, 9:00-11:00 am, at University Lutheran. The first meeting this year is September 14. Our meetings consist of a warm breakfast, non-denominational Christian speakers, videos, and crafts. It is a time to connect with other moms through activities and faithful discussion, while your kids are being cared for by loving volunteers. Do you have or do you know a mom who has children, pregnancy through kindergarten? Or are you no longer in that stage of life, but looking to serve this ministry as a mentor mom or a childcare provider? In all these cases, please contact Monica Norby at 608-712-6312 or monica\_norby@hotmail.com.



### *ULC Women of the ELCA*

#### *AUGUST 2017 - News and Events*

In July, nine women from University Lutheran traveled to Minneapolis for the Triennial WELCA Conference – All Anew. We enjoyed four days of fellowship, worship, singing and workshops. We are anxious to share what we learned with the women of ULC in the coming weeks. Grateful to have attended are: Patty Olsen, Seanne Voracek, Judy Senne, Judy Larson, Karol Knutson, Lara Dando, Heather Kallestad, Shelly Meyer and Roxanne Melberg.

The WELCA Board not meet in July and will reconvene in late August to gear up for fall activities. Our next meeting is scheduled for **Monday, August 28<sup>th</sup> at 6 pm.**

There are also EaND Synod events in the coming weeks.

#### **Women’s Retreat**

“You Are the Light of the World”  
Saturday, August 19, 2017  
Maryvale Provincial Center  
Valley City ND

#### **Eastern ND Synodical Women’s Organization**

Annual Meeting  
Saturday, September 16, 2017  
Valley City, ND

Registration forms for the retreat are found on the next page of the newsletter. If you are interested in representing ULC at the annual SWO meeting please let me know.

In God’s love,

Patty Olsen

WELCA president

### **WOMEN OF THE ELCA Purpose Statement**



As a community of women  
created in the image of God,  
called to discipleship in Jesus Christ,  
and empowered by the Holy Spirit,

We commit ourselves to  
grow in faith, affirm our gifts,  
support one another in our callings,  
engage in ministry and action,  
and promote healing and wholeness  
in the Church, the society,  
and the world.



**WELCA Bible Study**  
Friday, August 11  
10:00 a.m. in the lounge.

*"You Are the Light of the World  
You are not here to bring light into the world,  
You are here to be light"  
"There is a difference"  
Abraham Sticks*

## August 19, 2017

Maryvale Provincial Center  
11550 River Rd, Valley City  
(Once on Main St turn north on 5th Ave NE)  
**9:30 Registration**  
**10:00 Day begins**

### Register early and save money

**By August 4.....\$40**  
**After Aug 4.....\$50**

All late registrations can be made by phone  
And make \$50 payment at the door.

### **Make checks payable to EaND SWO.**

Mail checks to:  
Nadine Olson - SWO Treasurer  
4 Elm Lane  
Lisbon, ND 58054

For more information:  
Nadine at (701-680-2725) or Jeanne (701-490-3324)

Your Name \_\_\_\_\_  
Your Address \_\_\_\_\_  
\_\_\_\_\_

Your Email \_\_\_\_\_

Amount Enclosed \_\_\_\_\_  
Make more copies if needed.

*"You Are the Light of the World  
You are not here to bring light into the world,  
You are here to be light"  
"There is a difference"  
Abraham Sticks*

## August 19, 2017

Maryvale Provincial Center  
11550 River Rd, Valley City  
(Once on Central turn north on 5th Ave NE)  
**9:30 Registration**  
**10:00 Day begins**

### **"You Are the Light of The World"**

This will be based on the readings of Matthew 5:14-16  
You are the light of the world.  
...In the same way let your light shine before others...

*Umarda Brumfield*

### **"If I Could Say Just One Thing"**

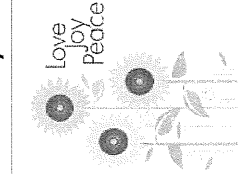
Sit back and be captivated by the stories that will take you  
on a journey through acts of faith by listening to  
God's words when she heard them.


### Activities this year:

- \*Two guest speakers
- \*Music
- \*Martha & Mary Vendor Table
- \*Paparazzi Vendor Table
- \*Coffee and Juice Table
- \*Lunch
- \*Free time to visit, walk the grounds

\*Hands on building health kits for APOC (Abused Persons Outreach Center). All supplies will be furnished. This will be in the rear of the auditorium and can be worked on at any time during the day.

# August 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00 WORSHIP</p> <p>11:00 Fellowship</p> <p>6:00 VBS Set-up and Counselor Orientation</p> <p>8:00 Narcotics Anonymous</p>	<p>7 VACATION BIBLE SCHOOL 9:00am-3:00pm</p> <p>7:00 Game Fellowship</p>	<p>1 10:00 Staff Meeting</p> <p>1:30 Text Study</p> <p>6:30 Quilting</p>	<p>2 11:00 ND TOPS #163</p> <p>5:00 Supper – Ham &amp; Cheese Sliders</p> <p>6:00 WORSHIP</p>	<p>3 1:00 Quilting</p>	<p>4</p>	<p>5</p>
<p>6 10:00 WORSHIP</p> <p>11:00 Fellowship</p> <p>6:00 VBS Set-up and Counselor Orientation</p> <p>8:00 Narcotics Anonymous</p>	<p>7 VACATION BIBLE SCHOOL 9:00am-3:00pm</p> <p>7:00 Game Fellowship</p>	<p>8 VACATION BIBLE SCHOOL 9:00am-3:00pm</p> <p>1:30 Text Study</p> <p>6:30 Quilting</p>	<p>9 VACATION BIBLE SCHOOL 9:00am-3:00pm</p> <p>11:00 ND TOPS #163</p> <p>5:00 VBS Picnic Supper</p> <p>1:00pm Hot dogs + more</p> <p>6:00 WORSHIP/VBS Program</p>	<p>10 VACATION BIBLE SCHOOL 9:00am-3:00pm</p> <p>10:00am Preschoolers @ St. Anne's</p> <p>1:00pm Grades 1-6 @ Valley Eldercare</p>	<p>11 10:00 WELCA Bible Study</p>	<p>12</p>
<p>13 10:00 WORSHIP</p> <p>11:00 Fellowship</p> <p>8:00 Narcotics Anonymous</p>	<p>14 7:00 Game Fellowship</p>	<p>15 10:00 Staff Meeting</p> <p>1:30 Text Study</p> <p>5:15 Ministry of Worship</p> <p>6:30 Quilting</p> <p>7:00 Church Council</p>	<p>16 8:30-11:30 MOPS</p> <p>11:00 ND TOPS #163</p> <p>5:00 Supper</p> <p>6:00 WORSHIP</p>	<p>17 1:00 Quilting</p>	<p>18 4:30 Wedding Rehearsal</p>	<p>19 8:30 Calling All Men</p> <p>10:00 Chicago Folk Rehearsal</p> <p>4:00 Wedding</p> <p>Sean Mattern &amp; Lynne Graves</p>
<p>20 10:00 WORSHIP</p> <p>11:00 Fellowship</p> <p>4:00 Boy Scouts</p> <p>8:00 Narcotics Anonymous</p>	<p>21 7:00 Game Fellowship</p>	<p>22 10:00 Staff Meeting</p> <p>1:30 Text Study</p> <p>6:30 Quilting</p>	<p>23 11:00 ND TOPS #163</p> <p>5:00 Supper</p> <p>6:00 WORSHIP</p>	<p>24 12:00 September Newsletter Information Due</p> <p>1:00 Quilting</p>	<p>25</p>	<p>26</p>
<p>27 10:00 WORSHIP</p> <p>11:00 Fellowship</p> <p>8:00 Narcotics Anonymous</p>	<p>28 6:00 WELCA Board Meeting</p> <p>7:00 Game Fellowship</p>	<p>29 10:00 Staff Meeting</p> <p>1:30 Text Study</p> <p>6:30 Quilting</p>	<p>30 11:00 ND TOPS #163</p> <p>No Wednesday Supper or Worship</p>	<p>31 1:00 Quilting</p>	<p>GET READY FOR </p> <p><b>Sunday Church School Begins</b> September 10<sup>th</sup> @ 8:45am</p> <p><b>Wednesday with Jesus Begins</b> September 13<sup>th</sup> @ 6:00pm</p>	

**UNIVERSITY LUTHERAN CHURCH  
2122 UNIVERSITY AVENUE  
GRAND FORKS ND 58203-3399**

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58201  
PERMIT #330**

**Sunday Worship**  
**August 6, 13, 20 & 27**  
10:00am WORSHIP  
11:00am Fellowship



**Summer Picnic and Praise**  
**Wednesdays**  
**August 2, 9, 16, & 23**  
5:00pm - Supper  
6:00pm - WORSHIP

**Vacation Bible School**  
**Monday - Thursday**  
**August 7-10**  
Preschool-Kindergarten  
9:00-11:30am  
Grades 1-6  
9:00am - 3:00pm

**ULC Church Council**  
Tuesday, August 15  
7:00pm

**Calling All Men**  
Saturday, August 19  
8:30am

**WELCA Bible Study**  
Friday, August 11  
10:00am

**Enjoy the rest of your summer!**  
**See you in September!**

## ULC STAFF

Ministers: Every Member of the Congregation  
Pastor: Thomas W. Colenso  
Education Coordinator: Jen Hanson  
Youth Minister: Heather Kallestad  
Administrative Assistant: Seanne Voracek

Organists: Lauri Shimpa and Jane Traub  
Custodians: Harold and Cindy Stoller  
Stephen Ministry Leaders:  
Bonnie Peterson, Wayde Anderson  
Evelyn Clark, Jane Traub

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